

# Dr. Johnna Kohl Earns Obesity Medicine Board Certification

FEBRUARY 2023

Anchorage, AK — Dr. Johnna Kohl has been certified by the American Board of Obesity Medicine (ABOM) as an ABOM diplomate. ABOM diplomates are physicians who undergo rigorous training in obesity medicine and an extensive examination process to achieve this designation.



The American Board of Obesity Medicine serves the public and the field of obesity medicine by maintaining standards for assessment and credentialing physicians. Certification as an ABOM diplomate signifies specialized knowledge in the practice of obesity medicine and distinguishes a physician as having achieved competency in obesity care. Currently, there are more than 6,725 ABOM diplomates throughout the United States and Canada.

According to the [Centers for Disease Control and Prevention](https://www.cdc.gov/disease/index.html), more than 42 percent of U.S. adults cope with obesity, which is associated with a higher risk for heart disease, cancer, diabetes, stroke and other musculoskeletal and vascular problems. Obesity has been officially recognized as a disease by the American Medical Association since 2013.

Dr. Johnna Kohl earned her bachelor's degree in Psychology from the University of North Dakota. She obtained her medical degree at the University of Arizona School of Medicine. In 1999, Dr. Kohl moved to Alaska to begin the Alaska Family Medicine Residency. She completed the three-year program and graduated in 2002. Dr. Kohl is board certified in Family Medicine and also a member of the American Academy of Family Physicians. Dr. Kohl earned her ABOM certification in January 2023. She joined the Anchorage Bariatrics team in 2021.

To learn more about Anchorage Bariatrics or the ABOM please visit:

<https://www.anchoragebariatrics.com/> or <http://abom.org/>